



Open Parent Support Group



Supporting Your Parenting Journey

A SUPPORTIVE GROUP FOR PARENTS NAVIGATING EVERYDAY CHALLENGES, INCLUDING CHILD LEARNING DIFFERENCES.

What This Group Offers:

- A safe and supportive community where parents can connect and feel understood
- Space to share parenting experiences and process challenges together
- Guidance in strengthening parent-child connection and communication
- Tools to build emotional awareness and confidence as a parent
- Strategies to create and practice healthy coping skills

What You Can Gain:

- Friendships and encouragement from like-minded families
- Greater comfort in expressing your own feelings and experiences
- A sense of belonging with other parents facing similar concerns
- Practical ideas for supporting children's growth



Who Should Attend:

Parents & Caregivers



SCAN QR CODE OR USE LINK BELOW TO REGISTER



1400 N. COIT #1501, MCKINNEY



EVERY WEDNESDAY



10:00AM-11:30AM OR
6:30PM - 8:00 PM



\$ 60 PER SESSION



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